

## London Borough of Brent

### Emergency out of hour's information

For the police, fire service or medical emergencies, call 999.

### Adult or child safety

If you are concerned about the safety of an adult, young person or child because of suspected abuse or neglect please **phone 0208 863 5250**

Telephone: 0208 863 5250

Email: [Emergencydutyteam@brent.gov.uk](mailto:Emergencydutyteam@brent.gov.uk)

<https://www.brent.gov.uk/your-community/coronavirus/emergency-support/>

If you feel that they are at immediate risk, please contact the emergency services on 999

### Samaritans

<https://www.samaritans.org/>

Samaritans - provides confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide. Please phone 116 123

**If you need urgent mental health advice or support**, you can contact

West London NHS Trust's 24/7 Helpline.

You can call this number to get help or advice in a crisis from trained mental health advisors and clinicians, 24 hours a day, 7 days a week, 365 days a year.

- Tel: 0800 328 4444
- Visit : <https://westlondon.nhs.uk/services/help-in-a-crisis/>

**You can also call [Speak CAMHS](#) for support** if you're worried about your mental health and:

- You're a child or young person

- You live in Ealing, Hammersmith and Fulham, or Hounslow.

Parents and carers can also call the helpline if they're concerned about your mental health.

Call [0800 328 4444](tel:08003284444) and choose Option 2 for [CAMHS](#).

The helpline is open:

- Monday to Friday from 8am to 11pm
- Weekends and Bank holidays from midday to 8pm

Outside these hours, crisis calls will be passed to an out of hours CAMHS professional. If they're not available to talk straight away, you can arrange a call back.

## **Domestic violence**

**24-hour National Domestic Abuse Helpline on 0808 2000 247.**

If you are a young person needing support and advice contact [Childline](#) on 0800 1111.

If you are a male victim of domestic violence in need of support contact [Men's Advice Line](#) on Freephone 0808 801 0327.

[Women's Aid National domestic violence website](#) and helpline 0808 2000 247

<https://www.brent.gov.uk/media/325536/Domestic%20Violence.pdf>

## **Homeless**

<https://www.brent.gov.uk/services-for-residents/housing/worried-about-homelessness/>

**DePaul** – Homeless have no place to stay

<https://uk.depaulcharity.org/get-help/>

Emergency accommodation, medication, counselling and housing advice in London  
020 7939 11220

Work in conjunction with:

## **Alone in London**

<https://uk.depaulcharity.org/london-get-help/#Housing%20advice>

A services for young people age 16-25 who are at risk of homelessness

Tel:- 020 728 4224

## **New Horizons Youth Centres**

16-24 Homelessness Support/ Access to emergency facilities.

<https://nhyouthcentre.org.uk/get-help>

020 7388 5560 or email: [info@nhyouthcentre.org.uk](mailto:info@nhyouthcentre.org.uk)