

London Borough of Hammersmith & Fulham

Emergency out of hour's information

For the police, fire service or medical emergencies, call 999.

Adult or child safety

If you are concerned about the safety of an adult, young person or child because of suspected abuse or neglect, please phone **020 8748 8588**.

If you feel that they are at immediate risk, please contact the emergency services on **999**

Samaritans

<https://www.samaritans.org/>

Samaritans - provides confidential non-judgemental emotional support, 24 hours a day for people who are experiencing feelings of distress or despair, including those which could lead to suicide. Please **phone 116 123**

If you need urgent mental health advice or support, you can contact

West London NHS Trust's 24/7 Helpline.

You can call this number to get help or advice in a crisis from trained mental health advisors and clinicians, 24 hours a day, 7 days a week, 365 days a year.

- Tel: 0800 328 4444
- Visit : <https://westlondon.nhs.uk/services/help-in-a-crisis/>

You can also call [Speak CAMHS](#) for support if you're worried about your mental health and:

- You're a child or young person
- You live in Ealing, Hammersmith and Fulham, or Hounslow.

Parents and carers can also call the helpline if they're concerned about your mental health.

Call [0800 328 4444](tel:08003284444) and choose Option 2 for [CAMHS](#).

The helpline is open:

- Monday to Friday from 8am to 11pm
- Weekends and Bank holidays from midday to 8pm

Outside these hours, crisis calls will be passed to an out of hours CAMHS professional. If they're not available to talk straight away, you can arrange a call back.

Domestic violence

[Women's Aid National domestic violence website](#) and helpline 0808 2000 247

[More information on domestic violence](#)

Homeless

[Information on emergency homelessness](#)

DePaul – Homeless have no place to stay

<https://uk.depaulcharity.org/get-help/>

Emergency accommodation, medication, counselling and housing advice in London
020 7939 11220

Work in conjunction with:

Alone in London

<https://uk.depaulcharity.org/london-get-help/#Housing%20advice>

A services for young people age 16-25 who are at risk of homelessness

Tel:- 020 728 4224

New Horizons Youth Centres

16-24 Homelessness Support/ Access to emergency facilities.

<https://nhyouthcentre.org.uk/get-help>

020 7388 5560 or email: info@nhyouthcentre.org.uk